

Emergency Readiness & Diaspora Departure Checklist

Spiritual & Mental Preparation

- Daily prayer and scripture reflection
- Household Word of the Lord journal
- Ask: What is God saying to us in this season?

Family Emergency Planning

- Designate a safe location with high ground, protection, and resources
- Shared emergency route and roles (e.g. Medic, Cook, Scout)
- Emergency code words

Food Storage

- Rice & Beans (25+ yrs), Canned Goods (2-5 yrs), Powdered Milk (5-10 yrs)
- Honey (indefinite), Salt/Sugar/Spices (indefinite)
- Rotate food stock every 6 months

Water & Purification

- Store 1 gallon/person/day
- Water filters (LifeStraw, Berkey), purification tablets
- Rainwater barrels where legal

Energy & Power

- Solar & gas generators
- Stock fuel safely, extension cords, solar power banks

Toiletries & Sanitation

- Toilet paper, feminine hygiene, wet wipes
- Bleach for sanitizing water, gloves, trash bags

Money & Bartering

- Small bills in cash, silver/gold coins

Emergency Readiness & Diaspora Departure Checklist

- Barter items: ammo, hygiene, seeds, alcohol

Safety & Defense

- Weapons if legal, pepper spray, knives
- Practice drills and firearm safety

Diaspora Departure Prep

- Passport & essential documents
- Research target country laws, job transfers
- Set up housing, digital skills, or portable business

Bug-Out Bag Checklist

- 3 days food & water, flashlight, first aid kit
- Bible, documents, weather-appropriate clothes